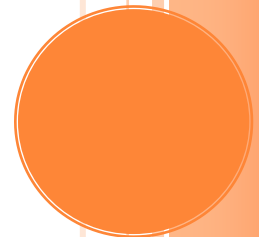


2016 ANNUAL REPORT

Lincoln Park Health Department



Public Health
Prevent. Promote. Protect.



2016 Annual Report

Lincoln Park Health Department Mission

The mission of the Lincoln Park Health Department is to prevent, promote and protect. This focus encompasses prevention from diseases, promotion of active living/healthy nutrition, and protection from health hazards for those that live in, work in or visit Lincoln Park.

Services Offered

The Lincoln Park Health Department offers the services of a licensed health officer, public health nurse, registered environmental health specialist (REHS), certified health education specialist (CHES), certified municipal registrar (CMR) and deputy registrars, as well as an animal control officer (ACO). Shared services with other municipalities enable us to meet the Public Health Practice Standards while providing cost savings to the Borough of Lincoln Park.

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“...just because we live and/or work in a small town, doesn’t mean we can’t come together as a team and create BIG things!”

Danielle Colombo, RD, ShopRite

2016 Key Accomplishments

The Lincoln Park Health Department received a \$20,000 grant from the Atlantic Health System (AHS) as part of the **New Jersey Healthy Communities Network. The **New Jersey Healthy Communities Network (NJHCN)** brings together local, regional and statewide leaders to support communities in developing healthy environments for people to live, work, learn and play. This grant is over a two year cycle, 2016 & 2017. The health department received a \$10,000 grant from AHS in 2015 that created a walking path in Lynn Park and a food environment audit in Lincoln Park. Our current grant is supporting a three-fold initiative, under the banner of “Eat Well. Live Well. Lincoln Park”:*

- ∞ Clear the historic Morris Canal Trail and create a walking path
- ∞ Partner with Wolfson’s Market for a healthy corner store initiative
- ∞ Create healthy menu options with local restaurants



*Shared Services’ contracts with the Bloomfield Department of Health & Human Services for registered environmental health specialist (REHS) and certified health education specialist (CHES), as well as Animal Control services (ACO) with the Township of Montville.

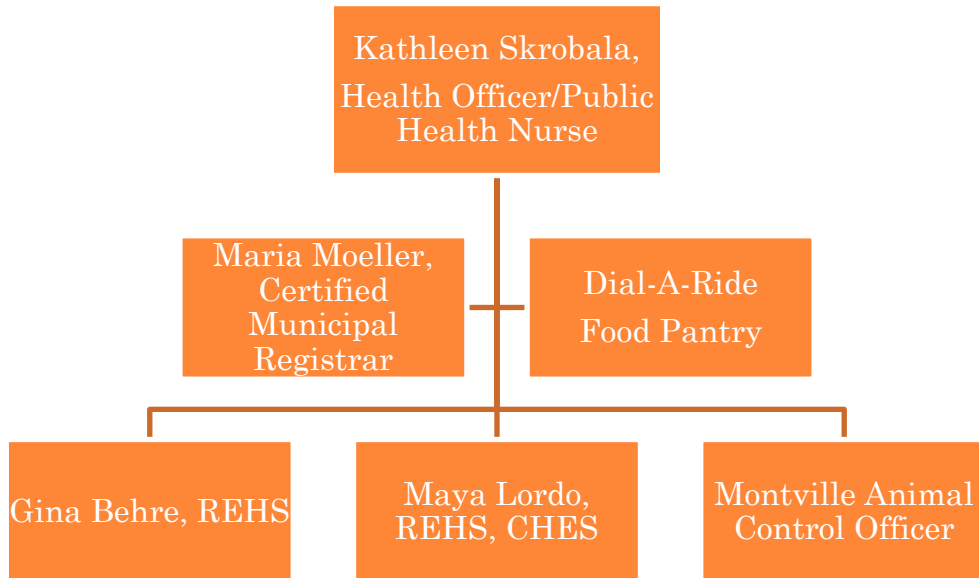
*Employee Wellness Program co-sponsored by the North Jersey Municipal Employee Benefits Fund and the Borough of Lincoln Park

*Memorandum of Understanding with the Paterson Division of Health and Human Services for Case Management of Lead Poisoning cases

*Sustainable Jersey activities contribute to Bronze Level Award

* GeoMap the Borough of Lincoln Park

Organizational Chart



Staff Directory

- Kathleen Skrobala, RN, BSN, MA, HO kathys@bolp.org 973-270-2036
- Maria Moeller, CMR mmoeller@bolp.org 973-270-2040
- Gina Behre, REHS gbehre@bloomfieldtwpnj.com 973-270-2039
- Maya Lordo, REHS, CHES mlordo@bloomfieldtwpnj.com 973-270-2039
- Gail Strumph, ACO gstrump@montvillenj.org 973-334-6410
- Margot Vaccaro, RN (per diem)
- Patricia Baran, MD (Pediatrician)
- Francis Kielar, MD (Family Practice)

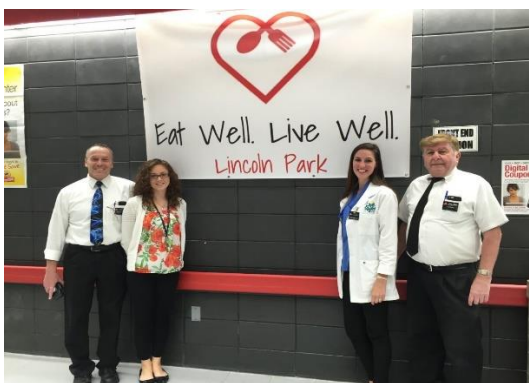
Community Partners/Grants

Community partners work collaboratively with the Lincoln Park Health Department to provide programs and services to benefit people who live and work in Lincoln Park. Grant-funded initiatives, from the generosity of the Chilton Medical Center/Atlantic Health System, have enabled the Borough of Lincoln Park to create environmental change with new walking paths, as well as healthy food choices. Organizations, such as the Lincoln Park Historical Society and Pequannock Valley Rotary, have provided volunteers to “clear the trail.” The Lincoln Park Health Department collaborates with other partners to provide health education programs and activities.

Atlantic Health System
Chilton Medical Center
Complete Veterinary Care, LLC
JDT Medical Rehab Center
Lincoln Park Care Center
Lincoln Park Elementary School
Lincoln Park Historical Society
Lincoln Park Library
Lincoln Park Middle School
Lincoln Park Police Department
Montclair State University
New Bridge Services
Pequannock Valley Rotary
ShopRite of Lincoln Park
Sunset Pub & Grill
William Paterson University
Wolfson’s Market

**“I look forward to collaborating...
to bring prosperity to all of
Lincoln Park.”**

*Lydell Dewberry, Director, Food
& Nutrition, Lincoln Park Care Center
and JDT Medical Rehab Center*



Environmental Health

Environmental Health Services continually aim to reduce health threats from environmental hazards. This includes annual inspections of food establishments, lakes, pools and camps, as well as investigation of complaints and re-inspections when indicated. Municipal codes and state laws are enforced using the services of registered environmental health specialists.

Public Health Investigations

Public Health Nuisance/Property Dogs	21
	8
Other Animals	10
Rats/Infestation	7
Environmental Food	9
	7
Senior Welfare	8
Other	2
TOTAL	71

Rental Inspections

Rental Inspections	94
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Camp Inspections

Camp Inspections	2 (LPES & LPMS)
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NJDEP Notifications

NJDEP Notifications	11
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Septic Inspections

New	1
Repair	1
Abandoned	1

Food Establishments

Annual Inspections	51
Temporary Inspections	12
Complaints Investigated	10 (1 violation notice issued)
Licenses Issued	63
Plan Reviews for Renovation/Construction	3
Certificate of Need/Change of Ownership	6
Food Handlers/Serv-Safe Courses Advertised	5

Lake/Pool Inspections

Annual Lake Inspection	1
Lake Re-inspections	5
Lake Samples for Fecal Coliform	51 routine; 13 re-sampled
Annual Pool Inspections	6
Pool Re-inspections	2
Pool Closures/Corrective Actions	1

Vape Lounge Inspections

Vape Lounge Inspection	1
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Public Health Nursing

The Public Health Nurse provides public health nursing services to individuals, families, and population groups. Nursing actions are directed toward the goals of prevention, assessment, risk reduction, and health status improvement for individuals, families and communities.

Health Screenings

Lincoln Park Health Screenings

Blood Pressure Screening

i. Senior Meetings-9 meetings, 81 blood pressures

ii. Health Department Walk-ins- 10 blood pressures

Skin Cancer Screening

i. Lincoln Park Health Department (6/30/16)- 16 attendees, 4 referrals

Avertised Health Screenings

SMAC Blood Screening

(4/16/2016)- Montville Township Health Department offered screenings to residents of Montville and surrounding towns.

Men's Health- Male Cancer Screening

(4/25/2016)- Montville Township Health Department offered exams to residents of Montville and surrounding towns.

Male Cancer Screening

Open to all men of the public, hosted by Chilton Medical Center.

Thyroid and Stroke Screenings

(11/7 & 11/17)-Montville Township Health Department offered stroke and thyroid screenings to residents of Montville and surrounding towns.



Adult Flu Vaccinations

	Vaccines Administered
Seniors/Saint Joseph's Church Residents/Council Chambers	49
Health Dept	24
Home Visits	34
Walk-ins	6
Total	131

Child Health Clinic

Clinics	
1/12/16, 2/9/16, 3/8/16, 4/19/16, 7/26/16, 8/9/16, 9/20/16, 10/11/16, 11/15/16, 12/13/16	10 clinics, 25 appointments, 57 vaccines given

School Immunization Audits

School/Date	Records
Busy Beaver	21
2/19/16 & 2/24/16	
Chapel Hill Academy	16
1/28/16	
Jacksonville	97
Chapel 1/26/16 & 2/3/16	
Kids@Play 1/26/16 & 2/3/16	19
Kindercare	36
1/25/16 & 2/18/16	
Lincoln Park Elementary	212
4/12/16	
Lincoln Park Middle	126
4/5/16	

*All schools had 100% compliance

Communicable Disease Investigations

	Cases
Brucellosis	1
Campylobacteriosis	3
Hepatitis A	2
Hepatitis B	8
Hepatitis B perinatal	1
Hepatitis C	24
Influenza	3
Listeriosis	1
Lyme Disease	28
Salmonellosis-Non Typhoid	2
Streptococcus Pneumoniae	1
Streptococcus Pyogenes	1
Varicella	2
West Nile Virus	1
Zika Virus	3
Total Cases	81

Health Education

“An ounce of prevention is worth a pound of cure” still holds true. Healthcare systems are primarily focused on how to keep people out of the hospital by empowering them to make the right choices. Health education is provided increasingly through the use of technology, such as our website, electronic sign, social media, but also through “popping up” at venues where people have already gathered. The “Monday Campaign,” “Pop-Up Health,” and “Eat Well. Live Well. Lincoln Park” are a few of the initiatives to make Lincoln Park a healthy place to live, work and play. Programs are provided either directly by or advertised through the Lincoln Park Health Department.



The Monday Campaign-Health messages posted every Monday

Men's Health Forum: Prostate Health (Advertised)-(9/28/16) Free educational program for the public, hosted by Morristown Medical Center

Free Smoking Cessation Program (Advertised) -8 Week program at Atlantic Rehabilitation hosted by Chilton Medical Center.



Take the Stairs Campaign- Healthy reasons to take the stairs and motivational quotes posted in the stairwell of the borough building.



Flipping For Fruit (MSU Grad Intern) (3/3/16)- 3 week long nutrition education program to increase fruit consumption in LPES with 12 students.

The Power Plate Workshop (Advertised)- (11/3/16, 11/10/16) Two-part educational workshop with free blood pressure screenings and health info, hosted by the Chilton Medical Center.

Knock-Out Opiate Abuse Day (Advertised) (10/6/16)



Lincoln Park Day (9/24/16)- We distributed free produce to more than 150 families of Lincoln Park



Senior Services- For our seniors we have many services including a walking club and a senior webpage with resources

Mosquito Prevention Display (6/6-6/10, 7/7-9/6)- At the Municipal building we set up a mosquito prevention display.



ZIKA Virus display in ShopRite - (6/23, 6/28-6/30) Zika/Mosquito Awareness campaign on display in ShopRite of Lincoln Park and Wolfson's Market as well as featuring the info on our website.



Health, Wellness, & Injury Prevention (Advertised)- (5/19/16), Kessler Rehabilitation Center hosted an osteoporosis education booth/posture screenings at ShopRite of Lincoln Park.



Coxsackie Info Session (9/20/16)- At the Lincoln Park PAL we had more than 50 parents join us for info on coxsackie prevention.



Senior Walking Club- (9/15-11/16) residents were encouraged to participate in the ShopRite walking club and were able to win prizes/incentives for walking in the store or at Lynn Park.



Healthy Snack Options (WPU Nursing Students) -(4/17/16), Pop up health education at PAL baseball tournament to sample kid friendly fruits and veggies.



Free Yoga/Meditation- (9/15/16), Hosted by our REHS, citizens and employees of Lincoln Park were able to take a free yoga/meditation class. 15 people were in attendance.



Pop-Up Health- (7/26, 7/28) At the Lincoln Park Lake we did a healthy snack event and gave out fruit to 70 children over the span of 2 days.



Diabetes Awareness Walk - (11/12/16) Raised almost \$400 for the Diabetes Foundation. Hosted at Lynn Park in co sponsorship with ShopRite of Lincoln Park-35 people.



Healthy Holiday Tips at Wolfson's Market- (11/25/16), set up a table outside of Wolfson's Market to give out free samples, recipes, and tips for the holidays-35 people.



LP Maintain Don't Gain (Advertised)- Lincoln Park Recreation hosted a free holiday program to residents interested in maintaining their weight throughout the season.



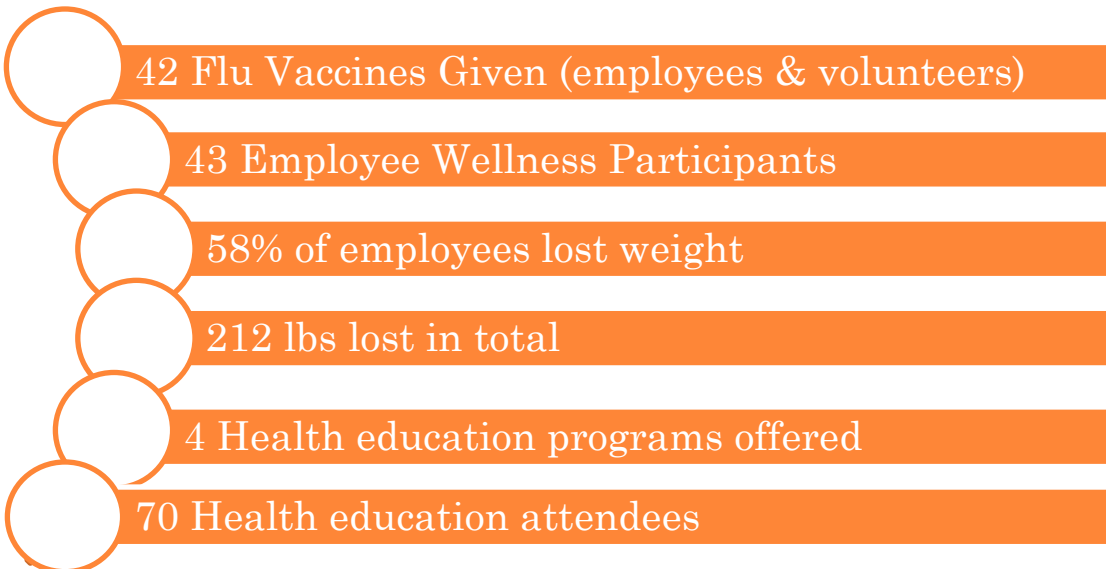
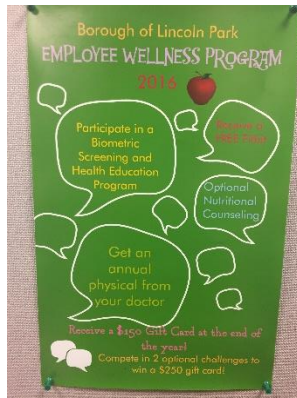
Narcan Training Program- (11/30/16), free Narcan training to residents to learn how to prevent/reverse an opioid overdose.



Healthy Snacking (WPU Nursing Students)-(11/6/16,) Pop up health education at PAL game to give out free fruits. 80-100 people.

Employee Wellness Program

Lincoln Park partnered with the North Jersey Municipal Employee Benefits Fund to provide education and wellness activities for employees. This campaign includes providing a Fitbit, weight loss challenge, health education programs, “Take the Stairs” initiative, biometric screening, annual physical exam, healthy vending machine options, and fitness programs offered by the Lincoln Park Recreation Department, “Live Well/Work Well” bulletin boards and annual influenza vaccines.



Senior Services

The Lincoln Park Health Department strives to help seniors age safely in their own homes. A number of services are advertised such as Dial-A-Ride and Morris Habitat for Humanity “Aging in Place”, as well as providing a Senior Services webpage <http://www.lincolnpark.org/354/Senior-Services> on the Borough of Lincoln Park website. Programs for senior education and fitness classes are advertised, as well as links with helpful information. Instruction on computer and internet use are available for seniors by the Lincoln Park Public Library. In addition, home visits are provided for flu vaccines or welfare checks, often with a social worker from New Bridge Services.

Senior Services	Dial-A-Ride Trips Provided (YTD)	3,702 (21% of total Dial-A-Ride use)
	Home Visits	16
	Senior Walking Club	Walkers vary at Lynn Park and ShopRite

Vital Statistics

Significant life events, such as birth, marriage and death are recorded and kept in the health department. Marriage licenses, copies of marriage licenses and death certificates are issued upon request. Licenses for dogs and chickens/hens are issued annually.

Vital Records		Animals	
Births	1 (in-transit)	Dog Licenses	871
Marriage Licenses	48	Rabies Vaccines	106
Copies of Marriage Licenses	86	Dog Bites	7
Deaths	131	Cat Bites	2
Death Certificates Issued	630 for 97 individual requests	Complaints Investigated	8
		Chicken/Hen Licenses	4

Affiliations

The health department staff (including contract and per diem) belong to a number of local, regional and national professional organizations and committees, which include:

American Academy of Pediatrics
Chilton Medical Center Community Health Advisory Committee
Greater Passaic Valley Public Health Nurses' Association
Health Advisory Board Head Start
Morris County Health Officers' Association
Morris County Registrars' Association
Morris Regional Public Health Partnership
National Association of County and City Health Officials
New Jersey Association of County and City Health Officials
New Jersey Environmental Health Association
New Jersey Society for Public Health Education
North Jersey Health Collaborative
Registrars' Association of New Jersey

Other Activities

**Right to Know Surveys completed for all Borough of Lincoln Park buildings*
**Participation in the Sustainable Jersey application*

