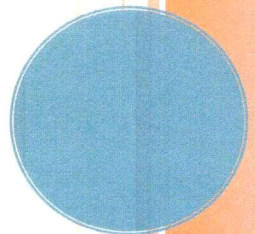


2017 ANNUAL REPORT

Lincoln Park Health Department



Eat Well. Live Well.
Lincoln Park



2017 Annual Report

Executive Summary

We are pleased to share with you the accomplishments of the Lincoln Park Health Department over the past year. We have supported our mission of “prevent, promote and protect” by delivering an array of services to keep people healthy where they live, work and play. We have accomplished this through valuable partnerships with our schools, large and small businesses, community organizations and healthcare systems, such as the Atlantic Health System, but always our “most” valuable partner is you, the individual.

Services Offered

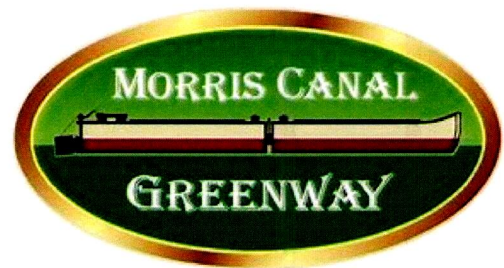
The Lincoln Park Health Department offers the services of a licensed health officer (HO), public health nurse (PHN), registered environmental health specialist (REHS), certified health education specialist (CHES), certified municipal registrar (CMR) and two deputy registrars, as well as an animal control officer (ACO). Shared services with other municipalities enable us to meet the Public Health Practice Standards while providing cost savings to the Borough of Lincoln Park.

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“Working with Lincoln Park has really been a pleasure! We are proud to work with you.”

Joe Macasek, President, Canal Society of New Jersey

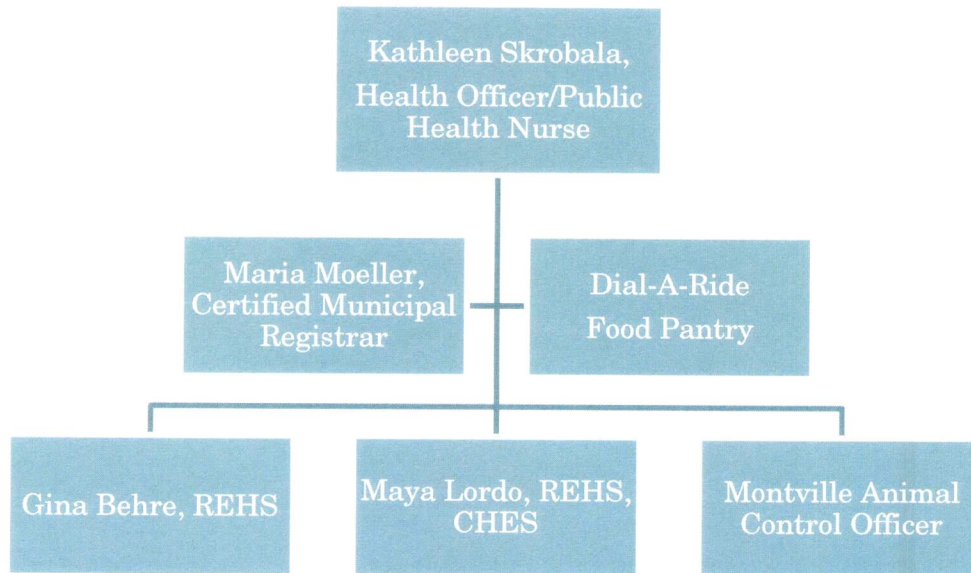


2017 KEY ACCOMPLISHMENTS

- Received the *Atlantic Health System* “Empower Award” as a Community Partner (10/18/17)
- Completed 2nd *New Jersey Healthy Communities Network* grant cycle
- Awarded 3rd *New Jersey Healthy Communities Network* grant for \$20,000, commencing January 2018
- Opened the Morris Canal Trail with a “Kick-Off” event on June 3rd
- Partnered with *George’s Lincoln Park Diner* on heart-healthy menu items
- Continued **“Eat Well. Live Well. Lincoln Park”** campaign with our partners: *ShopRite of Lincoln Park, Wolfson’s Market, 202 Italian Bistro and Lincoln Park Care Center / JDT Medical Rehab Center*
- Continued shared services’ contracts with *Bloomfield Department of Health and Human Services* and *Montville Health Department*
- Coordinated 2nd year of Employee Wellness Program
- Provided intern opportunities for *Montclair State University* and *William Paterson University* students
- Presented at the *Robert Wood Johnson Foundation* for the *Annual New Jersey Healthy Communities Network* in Princeton (2/16/17)
- Presented at the *Morristown Medical Center’s* Community Health Breakfast (6/2/17)
- Presented at the *Chilton Medical Center’s* Community Health Advisory Committee (7/6/17)
- Presented at the *National Association of County and City Health Officials (NAACHO)* Annual Conference in Pittsburgh (7/12/17)
- Passed the New Jersey Department of Health Audit (6/6/17)



Organizational Chart



Staff Directory

Kathleen Skrobala, RN, BSN, MA, HO kathys@bolp.org	973-270-2036
Maria Moeller, CMR mmoeller@bolp.org	973-270-2040
Gina Behre, MS, Senior REHS gmbehre@bloomfieldtwpnj.com	973-270-2039
Maya Lordo, MS, REHS, CHES mlordo@bloomfieldtwpnj.com	973-270-2039
Ryan Russo, REHS rrusso@bloomfieldtwpnj.com	973-270-2039
Gail Strumph, ACO gstrumph@montvillenj.org	973-334-6410
Diane Karback, Food Pantry Coordinator foodpantry@bolp.org	973-694-2890
Margot Vaccaro, RN (contract per diem)	
Patricia Baran, MD (contract Pediatrician)	
Francis Kielar, MD (contract Family Practice)	



Community Partners/Grants

*The Lincoln Park Health Department completed the 2nd year of a \$20,000 grant from the Atlantic Health System (AHS) as part of the **New Jersey Healthy Communities Network (NJHCN)**. A 2018/2019 grant application was submitted and awarded for another \$20,000 that will bring aeroponic gardens to Lincoln Park schools, and enhance/expand the Morris Canal Trail. This brings the total grant awards to \$50,000 from NJHCN. The **New Jersey Healthy Communities Network** brings together local, regional and statewide leaders to support communities in developing healthy environments for people to live, work, learn and play. We will continue to foster opportunities under our banner of **“Eat Well. Live Well. Lincoln Park,”** to help make the healthy choices the easy choices!

Partners

American Legion Post 279
Atlantic Health System
Chapel Hill Academy
Chilton Medical Center
George’s Lincoln Park Diner
JDT Medical Rehab Center
Keri Memorial Funeral Home
Lincoln Park Care Center
Lincoln Park Elementary School
Lincoln Park Historical Society
Lincoln Park Middle School
Lincoln Park Police Department
Montclair State University
Montville Health Department
Morristown Medical Center
New Bridge Services
North Jersey Health Collaborative
Pequannock Valley Rotary
ShopRite of Lincoln Park
William Paterson University
Wolfson’s Market

“...we also have offered healthy menus to provide a positive lifestyle.”

Toni Loyas, COO, Lincoln Park Care Center and JDT Medical Rehab Center



Program Reports

Health Screenings/Education, Public Health Nursing, Health Education, Employee Wellness, Senior Services, Vital Statistics, Environmental Health



Advertised Health Screenings

(provided at area hospitals and health departments)

- | | |
|-------------------------------|------------------------|
| *Bone Density Screening | *Male Cancer Screening |
| *Colorectal Screening | *Skin Cancer Screening |
| *Community Health Day | *SMAC Screening |
| *Female Cancer Screening | *Stroke Screening |
| *Health & Human Services Fair | *Thyroid Screening |

**Lincoln
Park
Health
Screenings**

Blood Pressure Screening

- i. Senior Meetings-8 meetings, 83 blood pressures*
- ii. Health Department Walk-ins- 10 blood pressures*

Skin Cancer Screening

- i. Lincoln Park Health Department (6/22/17)- 17 attendees, 3 referrals*

Adult Flu Vaccines	
<i>St Joseph's Church, Council Chambers and Health Department</i>	74
<i>Employees / Volunteers</i>	44
Total Vaccines Given	118

Child Health Clinic	
<i>Child Health Clinics</i>	7
<i># of children seen</i>	16
<i># of visits</i>	22
<i># of vaccines given</i>	37

School Immunization Audits	
<i>Busy Beaver Preschool</i>	28
<i>Chapel Hill Academy</i>	20
<i>Jacksonville Chapel Preschool</i>	101
<i>Kindercare</i>	32
<i>Kids@Play</i>	23
<i>Lincoln Park Elementary School</i>	207
<i>Lincoln Park Middle School</i>	112
Total Records Reviewed	523

Communicable Disease Investigations

	Cases
<i>Babesiosis</i>	1
<i>Campylobacteriosis</i>	2
<i>Cyclosporiasis</i>	1
<i>Ehrlichiosis / Anaplasmosis</i>	2
<i>Giardiasis</i>	2
<i>Haemophilus Influenzae</i>	1
<i>Hepatitis B</i>	11
<i>Hepatitis C</i>	6
<i>Influenza</i>	8
<i>Lyme Disease</i>	49
<i>Pertussis</i>	8
<i>Salmonellosis-Non Typhoid</i>	2
<i>Shigellosis</i>	2
<i>Streptococcus Pneumoniae</i>	5
<i>Streptococcus Pyogenes</i>	2
<i>Varicella</i>	3
<i>Zika Virus</i>	3
Total Investigations	109



Health Education

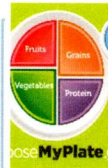
Today, more than ever, healthcare systems are trying to keep people out of the hospital by empowering them to make the right choices. The Lincoln Park Health Department is using technology and “pop-up” health at events to provide quick, convenient and healthful messages. You will find this type of health education on our website, electronic sign, channel 77 and social media, but also through venues where people have already gathered. The “Monday Campaign,” “Pop-Up Health,” and “Eat Well. Live Well. Lincoln Park” as well as a few initiatives below help to make Lincoln Park a healthy place to be!



Drug & Alcohol Recovery Support Programs (Advertised) - Advertised free programs through multiple providers



Take the Stairs Campaign- Healthy reasons to take the stairs and motivational quotes posted in the stairwell of the borough building.



The Power Plate - Educational posters distributed through schools, daycares and food stores.



The Monday Campaign - Weekly messages posted on electronic and social media about health and wellness.



Senior Services- We advertise many services, including New Vitality and Walk with a Doc, plus offer a senior webpage with many resources.



Lincoln Park Day (9/23/17)- We distributed over 400 apples to attendees and talked about our grant-funded initiatives.



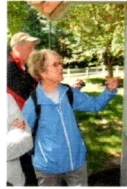
Mosquito Prevention Display (May & August)- Mosquito prevention display at municipal building.



"Eat Well, Live Well, Lincoln Park" - , Campaign banner that highlights all the healthful things happening in LincolnPark.



Walk with a Doc (monthly) - residents encouraged to walk with a different physician every month at Willowbrook.



Morris Canal Trail Kick-Off (6/3/17) - 100 people turned out for the opening of our Morris Canal Trail, along with our "Walk with a Doc" program.



Skin Cancer Awareness Walk (5/20/17) - Dozens turned out to support a local girl scout earning her Bronze Award by participating in this walk at Lynn Park.



Diabetes Awareness Walk (10/14/17)- ShopRite held its 2nd Annual Diabetes Awareness Walk at Lynn Park. The walk was well attended and participants left with many free give-aways.



Pop-Up Health (4/23/17), Pop up health education by William Paterson nursing students at PAL softball tournament.



Anti-Bullying Education (Fall 2017)- William Paterson nursing students taught LPMS students how to deal with and stand up to bullying. .



One Step Multiple Sclerosis Awareness (Spring 2017) - Offered at the Lakeland YMCA.



Fall Festival (9/16/17) - Lincoln Park Health Department made healthy candy corn parfaits at this annual ShopRite event.



Clear the Trail Day (5/6/17) - Volunteers helped to clear along the historic Morris Canal.



Knock Out Opioid Abuse (5/17/17) - , Advertised program at the Morris County Public Safety Training Academy.



Zika Awareness - Advertised zika information on health department webpage..

Employee Wellness Program

Lincoln Park partnered with the North Jersey Municipal Employee Benefits Fund to provide education and wellness activities for employees. This is the 2nd year for the campaign. To successfully complete the campaign, employees had to have an annual physical by their doctor, complete a biometric screening, attend at least one health education program, meet with the registered dietitian twice and participate in 3 fitness challenges. We also encouraged “take the stairs campaign,” provided a healthy vending machine, offered yoga classes, gave annual flu vaccines and updated our “Live Well / Work Well” bulletin boards.



44 flu vaccines given (employees & volunteers)

37 employees signed up for the program

76% of employees successfully completed program

15 employees lost weight

4 health education programs offered

77 health education attendees

Senior Services

The Lincoln Park Health Department strives to help seniors age safely in their own homes. A number of services are advertised such as Dial-A-Ride and Morris Habitat for Humanity "Aging in Place", as well as providing a Senior Services webpage <http://www.lincolnpark.org/354/Senior-Services> on the Borough of Lincoln Park website. Programs for senior education and fitness classes are advertised, as well as links with helpful information. Instruction on computer and internet use are available for seniors by the Lincoln Park Public Library. In addition, home visits are provided for flu vaccines or welfare checks, often with a social worker from New Bridge Services.

Senior Services	Dial-A-Ride Trips Provided (YTD)	4380 (18% increase over 2016 trips)
	Blood Pressure Screenng	8 meetings/83 blood pressures done
	Flu Vaccines	44

Vital Statistics

Significant life events, such as birth, marriage and death are recorded and kept in the health department. Marriage licenses, copies of marriage licenses and death certificates are issued upon request. Licenses for dogs and chickens/hens are issued annually.

Vital Records		Animals	
Births (in LP)	1	Dog Licenses	937
Births (to LP residents)	94	Rabies Vaccines	83
Marriage Licenses Issued	72	Dog Bites	12
Deaths	145	Cat Bites	1
Death Certificates Issued	633	Complaints Investigated	10
		Chicken/Hen Licenses	4

Environmental Health

Environmental Health Services continually aim to reduce health risks through inspections of food establishments, rental units, camps and public pools / lakes as well as investigating public health nuisance and environmental complaints. Local and state laws are enforced through the services of registered environmental health specialists.

<i>FOOD ESTABLISHMENTS</i>	
Annual Inspections	50
Temporary Inspections	12
Complaints Investigated	4
Food Licenses Issued	60
Plan Reviews for Renovation/Construction	2
Re-inspections	10
Food Handlers/Serv-Safe Courses Advertised	4/1

<i>PUBLIC HEALTH INVESTIGATIONS</i>	
Property Complaints	22
Dogs	5
Other Animals	5
Rats/Infestation	14
Environmental	10
Senior Welfare	7
Public Concern	1
Other	1
Total	65

<i>OTHER INSPECTIONS</i>	
Rental Units	83
Camps	2
Annual Lake	1
Lake Re-inspection	0
Annual Pools	6
Pool Re-inspections	1
Lake/Pool Corrective Actions/Closures	0
Septic/Wells	4
NJDEP Notifications	18
Vape Lounge	2
Nail Salons/Reported to State	4/2
Massage Therapy	5
Total	126

Affiliations

The health department staff (including contract and per diem) belong to a number of local, regional and national professional organizations and committees, which include:

American Academy of Pediatrics
Chilton Medical Center Community Advisory Board
Chilton Medical Center Community Health Advisory Committee
Greater Passaic Valley Public Health Nurses' Association
Health Advisory Board Head Start
Morris County Health Officers' Association
Morris County Registrars' Association
Morris Regional Public Health Partnership
National Association of County and City Health Officials
New Jersey Association of County and City Health Officials
New Jersey Environmental Health Association
New Jersey Society for Public Health Education
North Jersey Health Collaborative
Registrars' Association of New Jersey

Other Activities



North Jersey Health Collaborative
Right to Know Coordinator

