

Zumba

Tuesday Evenings

7pm - 8pm

Lincoln Park Community Lake Pavilion
37 Ryerson Road
Lincoln Park NJ

Latin Inspired Dance Fitness with Certified Instructor Laura Shay!

Zumba combines hypnotic Latin rhythms and easy to follow moves to create a unique fitness program that will make you love your workout. Fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning up to 1000 calories an hour!



\$10 walk-in fee

\$35/Package of 4 Classes

\$80/Package of 10 Classes

Class Packages are "interchangeable with other fitness classes"

Name _____ D.O.B.: _____

Address _____
street address city, state, zip

Home Phone _____



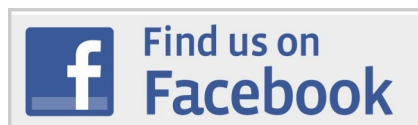
E-Mail: _____
(for class info such as cancellations or future classes & events)

Emergency Contact Name & Number:

cash, check or money order only

NO REFUNDS

Open to Lincoln Park Residents and Non-Residents as well!



"Lincoln Park Borough—Recreation"

Lincoln Park Recreation / 34 Chapel Hill Rd, Lincoln Park, NJ 07035

www.lincolnpark.org / e-mail: lprecreation@bolp.org / phone: (973) 694-6100 ext #2206 Lincoln Park Recreation / 34 Chapel Hill Rd, Lincoln Park, NJ 07035

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Borough of Lincoln Park Waiver of Liability Waiver and Consent

In order for yourself or any minor in your care to take part in activities offered by the Lincoln Park Recreation Department whether they are offered in-person, on-line, virtually, or through any other platform, (collectively as "Recreation Programming"), at any Borough facility, you as a participant, parent or legal guardian (You) must read, understand, and sign this liability waiver prior to such participation.

On behalf of yourself, your minor children, and minor children in your care, your signature below indicates that You acknowledge and agree to the terms of this liability waiver, as follows.

You warrant that yourself, your minor children, and minor children in your care, (collectively as "Participants") that take part in Recreation Programming are physically, mentally, and emotionally fit to take part in such activities.

You understand that there are risks of injury, both known and unknown, in participating in any recreational activity, in-person or virtual.

In the event YOU are unable or unavailable to do so, You grant permission for yourself or your minor children, and minor children in your care to receive emergency professional medical care as deemed necessary by the Recreation Staff, if the activity is an in-person activity and not on-line or virtual programming.

Participants of Recreation Programming agree to abide by the Rules & Regulations of the Lincoln Park Recreation Department and NOT to transmit any content that is vulgar, unlawful, obscene, or that invades or threatens the privacy of another person; and/or impersonate another participant or person, or violate any local, state, or federal law.

You agree that on behalf of yourself, your children, family members, children in your care, and your heirs and assigns, that You knowingly and freely assume all risks of injury and agree to hold harmless the Borough of Lincoln Park, Lincoln Park Recreation and its employees with respect to any claims, actions, suits, procedures, costs, expenses, damages, and liabilities, including attorney's fees and court costs, arising from or related to Participant's taking part in Lincoln Park Recreation Programming

I HAVE READ THIS WAIVER OF LIABILITY AGREEMENT; FULLY UNDERSTAND ITS TERMS AND I UNDERSTAND THAT I AM WAIVING RIGHTS THAT WOULD BE OTHERWISE AVAILABLE BOTH FOR MYSELF AND FOR MINORS IN MY CARE. MY SIGNATURE BELOW INDICATES THAT I FREELY AND VOLUNTARILY AGREE TO THESE TERMS.

Photo Waiver Acknowledgement: Lincoln Park Recreation reserves the right to photograph attendees throughout the course of their events. As an attendee, I hereby grant permission to the Borough of Lincoln Park, its directors, superintendents, employees & volunteers to photograph me & use the images solely for public relations purposes &/or the social media pages of the Borough of Lincoln Park. I do hereby waive, release, indemnify & hold harmless the Borough of Lincoln Park, its directors, superintendents, employees & volunteers from any liability &/or for any injury or damages that may be suffered by me as a result of the taking or use of the photograph & images obtained in the course of participation in the recreation program, activity, sport, trip or event & the activities incidental thereto, whether the result of any negligence or any other cause.

Please be aware that by registering for Recreation Programming that takes place on the Borough of Lincoln Park property includes consenting to be photographed.

_____ as the parent or guardian of _____
Print Parent/Guardian Name print name of child

(One per family member)

