**Lincoln Park Recreation presents...** 



Saturday Mornings: 9AM – 10AM

**DR** 

Wednesday Evenings: 7PM—8PM

Beachfront at the Lincoln Park Community Lake 37 Ryerson Road Lincoln Park NJ

Please join us on the beachfront at the Lincoln Park Community Lake for Gentle Flow Yoga with certified Instructor Crystal Eshanov

All Skill Levels are welcome, modifications will be made for participants as needed

\*\*\*Please bring a Yoga Mat\*\*\*

\$10 walk-in fee \$35/Package of 4 Classes \$80/Package of 10 Classes Class Packages are "interchangeable" with other fitness classes

(Please bring a yoga mat)

	D.O.B.:
street address	city, state, zip
ne	
(for class info such as cancellations of	or future classes & events)
y Contact Name & Number:	
	street address ne (for class info such as cancellations o



## **Borough of Lincoln Park Waiver of Liability Waiver and Consent**

In order for yourself or any minor in your care to take part in activities offered by the Lincoln Park Recreation Department whether they are offered inperson, on-line, virtually, or through any other platform, (collectively as "Recreation Programming"), at any Borough facility, you as a participant, parent or legal guardian (You) must read, understand, and sign this liability waiver prior to such participation.

On behalf of yourself, your minor children, and minor children in your care, your signature below indicates that You acknowledge and agree to the terms of this liability waiver, as follows.

You warrant that yourself, your minor children, and minor children in your care, (collectively as "Participants") that take part in Recreation Programming are physically, mentally, and emotionally fit to take part in such activities.

You understand that there are risks of injury, both known and unknown, in participating in any recreational activity, in-person or virtual.

- In the event YOU are unable or unavailable to do so, You grant permission for yourself or your minor children, and minor children in your care to receive emergency professional medical care as deemed necessary by the Recreation Staff, if the activity is an in-person activity and not on-line or virtual programming.
- Participants of Recreation Programming agree to abide by the Rules & Regulations of the Lincoln Park Recreation Department and NOT to transmit any content that is vulgar, unlawful, obscene, or that invades or threatens the privacy of another person; and/or impersonate another participant or person, or violate any local, state, or federal law.
- You agree that on behalf of yourself, your children, family members, children in your care, and your heirs and assigns, that You knowingly and freely assume all risks of injury and agree to hold harmless the Borough of Lincoln Park, Lincoln Park Recreation and its employees with respect to any claims, actions, suits, procedures, costs, expenses, damages, and liabilities, including attorney's fees and court costs, arising from or related to Participant's taking part in Lincoln Park Recreation Programming
- I HAVE READ THIS WAIVER OF LIABILITY AGREEMENT; FULLY UNDERSTAND ITS TERMS AND I UNDERSTAND THAT I AM WAIVING RIGHTS THAT WOULD BE OTHERWISE AVAILABLE BOTH FOR MYSELF AND FOR MINORS IN MY CARE. MY SIGNATURE BELOW INDICATES THAT I FREELY AND VOLUNTARILY AGREE TO THESE TERMS.
- Photo Waiver Acknowledgement: Lincoln Park Recreation reserves the right to photograph attendees throughout the course of their events. As an attendee, I hereby grant permission to the Borough of Lincoln Park, its directors, superintendents, employees & volunteers to photograph me & use the images solely for public relations purposes &/or the social media pages of the Borough of Lincoln Park. I do hereby waive, release, indemnify & hold harmless the Borough of Lincoln Park, its directors, superintendents, employees & volunteers from any liability &/or for any injury or damages that may be suffered by me as a result of the taking or use of the photograph & images obtained in the course of participation in the recreation program, activity, sport, trip or event & the activities incidental thereto, whether the result of any negligence or any other cause.

Please be aware that by registering f graphed.	or Recreation Programming that tak	tes place on the Borough of Linco	In Park property includes consenting to be photo
Print Parent/Guardian Name	as the parent or guardian of	print name of child	·
(Adults sign on their own behalf))			